



Love, Peace, and Manna

The Manna Cafe Ministries newsletter

APRIL 2023

"Share your food with the hungry, and give shelter to the homeless. Give clothes to those who need them."
—Isa. 58:7, NLT



Achieving the American Dream

BY DEBRA SUTTON

For many, the American Dream feels like it's far from reach. With rising costs for just about everything and the impossible situation some families face, the benefits cliff is the greatest problem keeping many families from getting ahead.

This benefits cliff places working families in an impossible situation. Pursuing a better job or higher pay could put families above the income eligibility threshold for public assistance programs. Due to the loss of these benefits, getting a better job often results in families being financially worse off (a benefits cliff) than before the wage increase. Families choose what's best financially and, therefore, cannot move forward.

Our Chance TN, an initiative by the Tennessee Alliance for Economic Mobility (TAEM), supports families in moving beyond the benefits cliff. Eligible families receive support for 2.5 years that includes individual coaching, financial counseling, and customized resources.

This pilot program will initially serve 900 families in seven counties.

Manna Cafe has been selected as one of three agencies in Montgomery County to implement Our Chance TN.

Manna's staff consists of a Resource Navigator and two Family Coaches who work directly with families in our community. Thus far, the Manna team is leading the program with families that have been screened and are now being served.

"It's both an honor and a privilege to be working with a program that is offering families solutions for systemic issues."

**Jemanne Faulks
Resource Navigator**



Family Coaches Cindy O'Bryan and Laiza Marchal (standing); Resource Navigator Jemanne Faulks (seated)



Frontier **Working & Giving**

FOUNDATION & CRAWL SPACE *Repair*

Last month Frontier Foundation & Crawl Space Repair held its annual SWAT day, which stands for Stop Work And Train. It is a day set aside to teach employees about all areas of the company so they have a better idea of what the company does, and they can see the big picture of how the business helps customers.

Manna Cafe’s catering staff provided lunch for the event.

In addition to the day of training and team building, Frontier held an internal competition between its teams to collect socks and underwear to donate to Manna Cafe. The sales team contributed 1,152 pairs and company-wide Frontier donated 2,175 in total.

This generous contribution will greatly impact Manna’s Shower Power program (year-round shower facilities for the homeless), where clean socks and underwear are provided for anyone in need.

A Lot Got Done Last Month

Due to the generosity of our donors, Manna Cafe provided Montgomery and Stewart County residents with:

- 3,059 hot meals at our Mobile Cafe locations
 - 2,098 carts of food
 - 1,785 pounds of clothing
- 7,306 pounds of household goods
- 1,374 pounds of clothing (donated to other agencies)
- 5 nights of warming center services
 - shelter from frigid weather for 200 guests
 - 80 hot showers for the homeless
 - case work benefits for 70 clients
 - free clinic services for 30 people

For only \$19 per month you can make a huge difference in the lives of thousands in our community.



Scan the QR code to help Get a Lot Done.

MannaCafeMinistries.com/donate



Big News



Manna is now the proud owner of a new forklift thanks to grant funding from Second Harvest and the generosity of an anonymous donor. This is a much-needed addition to Manna operations.

Start your day helping others

Our friends at Mugsy's Coffee Company have created a delicious Manna Cafe Coffee.

All proceeds will benefit our mission. Manna Cafe Coffee is available at Mugsy's locations and online at Mugsysfreshroast.com.



Join us for breakfast as we celebrate Manna's 13th birthday

Grits & Gravy

May 5, 2023 at The Refuge
7:30 - 9:00 am 503 D Street



\$25 person/ \$45 couple
\$200 table (8 seats)

For tickets: MannaCafeMinistries.com/Grits
or call 931-933-0970

We're Hiring FUNDRAISER

The ideal Fundraiser will be a "networking guru" who enjoys soliciting donations; broadening the nonprofit's donor pool; and promoting/presenting fundraising campaigns.

The following are central to the position:

- Proven communication and people skills
- The ability to network/make numerous local connections
 - Fundraising skills and experience
 - A self-starter who takes the initiative

The candidate must understand and subscribe to Manna Cafe's mission statement. He/she will work closely with Manna Cafe's Development Manager and leadership team. Interested persons should email resume and references to

Resume@MannaCafeMinistries.com.



Tee Off Against Hunger

Robert Bellamy Memorial Golf Scramble

benefitting



June 9, 2023

Eastland Green Golf Course

\$75.00

Per Player

300.00

Per Team

Includes golf, cart, breakfast, lunch & prizes

\$10 Mulligans (limit one per player)

Register at

MannaCafeMinistries.com/Golf.

Minimize Your Tax Liability

Stock Giving

The tax deadline is upon us, and savings might be top of mind right now. So here is a tax-savvy way you can serve people throughout our region who are in need of nourishment, encouragement, and support.

Stock donations are uniquely impactful for both the mission of Manna Cafe and you!

If you own appreciated stock and you sell it, you generally have to pay a capital gains tax as that value increases. But if you donate the stock to Manna Cafe, you can skip paying this type of tax.

If you've owned the appreciated stock for more than one year and you itemize deductions on your tax return, you may be able to take a charitable deduction for the full fair market value of the stock.



Scan the QR code or visit
FreeWill.com/MannaCafe
to learn more and get started.



*The generous will
themselves be blessed, for
they share their food with the
poor.
Proverbs 22:9 (NIV)*



Manna Cafe is a 501(c)3 nonprofit organization and a proud member of United Way of the Greater Clarksville Region and the Clarksville Chamber of Commerce.